



74th Senior National Aquatic Championships 2021
BANGALORE, 26 - 29/10/2021

Event 31 Women, 400m Medley Open
29/10/2021 Startlist Final
NMR 4:59.17 Richa Mishra TRIVANDRUM 20/09/2018

YB

Final

1	Rutuja Talegaonkar	00	MAHA	5:36.53	SFIFAXMAH19258
2	KALYANI SAXENA		GUJ	5:30.46	SFIFAXGUJ10459
3	Shakthi Balakrishnan	05	TNSA	5:27.48	SFIFATNSA16459
4	Richa Mishra	83	POLICE	5:18.85	SFIFAPSPB18181
5	Kanya Nayyar	04	M.P.	5:22.42	SFIFAXXMP18882
6	Firdoush Kayamkhani	01	RAJA.	5:29.82	SFIFAXRAJ10430
7	A Jedidah	05	KAR	5:32.82	SFIFAXKAR19787
8	Navya Singal	02	U.P.	5:45.67	SFIFAXXUP13449

Reserves

	Hashika Ramachandra	08	KAR	5:45.93	SFIFAXKAR14275
	. Shreya Mary Kamal	06	KERALA	5:50.68	

Event 32 Men, 400m Medley Open
29/10/2021 Startlist Final
NMR 4:30.13 REHAN PONCHA KAR THIRUVANTHPURAM 10/10/2009

YB

Final

1	Yug Chelani	06	RAJA.	4:59.87	SFIMAXRAJ10812
2	Anurag Rakesh Singh	02	U.P.	4:56.76	SFIMAXXUP13445
3	Siva S		KAR	4:54.51	SFIMAXKAR13740
4	Shoan Ganguly	05	KAR	4:48.94	SFIMAXKAR17069
5	Robin Singh T Emil	96	RSPB	4:51.62	SFIMARSPB18974
6	Sai Nihar Bikkina	05	TELA.	4:55.82	SFIMAXTEL18110
7	Shivaksh Sahu	99	S S C B	4:59.28	SFIMASSCB18861
8	Aadri Sharma		S S C B	5:01.42	SFIMAXBEN10519

Reserves

	Sanskar Tokas	02	DELHI	5:02.37	SFIMAXDEL15053
	Vinayak Vijay	03	TNSA	5:02.38	



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Event 33 Women, 200m Freestyle Open
29/10/2021 Startlist Final
NMR 2:05.80 Shivani Kataria BHOPAL 03/09/2019

YB

Final

1	Ashmitha Chandra	05	KAR	2:17.20	SFIFAXKAR17648
2	Vritti Agarwal	06	TELA.	2:15.99	SFIMAXTEL17803
3	Shivani Kataria	97	HAR	2:14.96	SFIFAXHAR18606
4	Shivangi Sarma	02	ASSAM	2:13.46	SFIFAASSA17456
5	Aanya Wala	05	MAHA	2:14.71	SFIFAXMAH18508
6	Prachi Tokas	02	DELHI	2:15.91	SFIFAXDEL15010
7	Hashika Ramachandra	08	KAR	2:16.16	SFIFAXKAR14275
8	Shakthi Balakrishnan	05	TNSA	2:17.53	SFIFATNSA16459

Reserves

	Mahi Swetraj	03	BIHAR	2:19.05	SFIFAXBIH10217
	Swarna K.Harith	04	TNSA	2:19.26	SFIFATNSA17507

Event 34 Men, 200m Freestyle Open
29/10/2021 Startlist Final
NMR 1:50.35 Sajjan Prakash TRIVANDRUM 19/09/2018

YB

Final

1	Ruthiik Sri Nagi Reddy Satti	03	TELA.	1:59.51	SFIMAXTEL18116
2	Aaron Fernandes	00	MAHA	1:59.18	SFIMAXMAH15750
3	Tanish George Mathew		KAR	1:55.45	SFIMAXKAR14856
4	Kushagra Rawat	00	DELHI	1:54.14	SFIMAXDEL14986
5	Srihari Nataraj		KAR	1:54.35	SFIMAXKAR14004
6	Vishal Grewal	01	DELHI	1:56.57	SFIMAXDEL15026
7	Krishna Gadakh	03	M.P.	1:59.24	
8	Zidane Iqbal Sayed	03	GOA	1:59.64	SFIMAXGOA18666

Reserves

	Anurag Rakesh Singh	02	U.P.	2:01.06	SFIMAXXUP13445
	Kuntal Giri	95	S S C B	2:01.78	SFIMASSCB18851



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Event 35 Women, 200m Backstroke Open
29/10/2021 Startlist Final
NMR 2:19.30 MAANA PATEL GUJ RAJKOT 30/10/2015

YB

Final

1	Shalini R Dixit	07	KAR	2:31.79	SFIFAXKAR14261
2	Sri Nithya Sagi	09	TELA.	2:30.89	SFIMAXTEL18113
3	MAANA PATEL		GUJ	2:29.70	SFIFAXGUJ10070
4	Ridhima Veerendra Kumar	07	KAR	2:25.97	SFIFAXKAR17442
5	Soubriti Mondal	01	BENGAL	2:27.58	SFIFAXBEN14756
6	Palak Joshi	06	MAHA	2:30.07	SFIFAXMAH18765
7	Shrungi Rajesh Bandekar	03	GOA	2:31.50	SFIMAXGOA18799
8	Palak Dhami	05	MAHA	2:33.71	SFIFAXMAH15789

Reserves

	Sanjana Prabhugaonkar	06	GOA	2:34.52	SFIMAXGOA18800
	. Sanaa Mathew	05	KERALA	2:35.43	

Event 36 Men, 200m Backstroke Open
29/10/2021 Startlist Final
NMR 2:02.29 Shrihari Nataraj BHOPAL 01/09/2019

YB

Final

1	K Abbasuddin	97	RSPB	2:15.12	SFIMARSPB18975
2	Srihari Nataraj		KAR	2:13.28	SFIMAXKAR14004
3	Nithik H		TNSA	2:12.58	
4	Siddhant Sejwal	97	DELHI	2:10.05	SFIMAXDEL15001
5	Anurag Dagar	01	DELHI	2:12.24	SFIMAXDEL15061
6	Utkarsh Santosh Patil	05	KAR	2:13.10	SFIMAXKAR14174
7	DEVANSH PARMAR		GUJ	2:14.98	SFIMAXGUJ10041
8	Aaryan Bhosale	03	MAHA	2:16.60	SFIMAXMAH15713

Reserves

	Prasad Kandul	01	MAHA	2:17.99	SFIMAXMAH16712
	Sai Nihar Bikkina	05	TELA.	2:18.00	SFIMAXTEL18110



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Event 37 Women, 100m Breaststroke Open
29/10/2021 Startlist Final
NMR 1:14.87 Saloni Dalal TRIVANDRUM 22/09/2018

YB

Final

1	Yashika Rawat	02	HAR	1:20.35	SFIFAXHAR19197
2	Harishitha Jayaram	01	RSPB	1:19.41	SFIFARSPB18990
3	Chahat Arora	97	PUNJAB	1:18.85	
4	Lineysha A K	07	KAR	1:17.78	SFIFAXKAR13765
5	Saanvi S Rao	05	KAR	1:18.73	SFIFAXKAR19750
6	Jyoti Patil	98	MAHA	1:19.17	
7	KALYANI SAXENA		GUJ	1:20.17	SFIFAXGUJ10459
8	VENIKA PARIKH		GUJ	1:20.67	SFIFAXGUJ17681

Reserves

	Swastika Patra	06	BENGAL	1:22.85	SFIFAXBEN17085
	Rithvika M	07	TELA.	1:26.88	SFIMAXTEL18057

Event 38 Men, 100m Breaststroke Open
29/10/2021 Startlist Final
NMR 1:01.97 SANDEEP SEJWAL RLY RANCHI 16/11/2011

YB

Final

1	Sreedip Mondal	02	BENGAL	1:07.89	SFIMAXBEN14706
2	Aditya Dubey	01	DELHI	1:07.66	SFIMAXDEL10932
3	Arun S	94	S S C B	1:06.21	
4	Lohith M	01	RSPB	1:05.29	
5	Danush S	00	TNSA	1:05.44	SFIMATNSA15513
6	YUVRAJ PATEL		GUJ	1:07.64	SFIMAXGUJ10128
7	Vidith S Shankar	06	KAR	1:07.71	SFIMAXKAR17334
8	Benedicton Rohit B	03	TNSA	1:07.93	

Reserves

	Ansh Arora	98	U.P.	1:08.36	SFIMAXXUP13394
	. Adarsh .M		KERALA	1:08.41	



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Event 39 Women, 100m Butterfly Open
29/10/2021 Startlist Final
NMR 1:03.24 ARHATHA MEGHAVI KAR THIRUVANTHPURAM 09/10/2009

YB

Final

1	Disha Bhandari	04	U.P.	1:07.58	SFIFAXXUP13393
2	Nandini Pethkar	02	MAHA	1:07.04	SFIFAXMAH15189
3	Uttara Gogoi	04	ASSAM	1:05.63	SFIFAASA17586
4	Apeksha Fernandes	05	MAHA	1:04.75	SFIFAXMAH16806
5	Divya Satija	96	HAR	1:05.21	SFIFAXHAR18331
6	Nina Venkatesh	05	KAR	1:06.12	SFIFAXKAR14002
7	Nilabjaa Ghosh	05	BENGAL	1:07.47	SFIFAXBEN13277
8	Astha Choudhury	04	ASSAM	1:07.87	SFIFAASSA11077

Reserves

	Kanya Nayyar	04	M.P.	1:08.16	SFIFAXXMP18882
	Srishti Nag	96	CHHATTI.	1:09.56	SFIFACHHA14806

Event 40 Men, 100m Butterfly Open
29/10/2021 Startlist Final
NMR 53.46 Sajjan Prakash TRIVANDRUM 21/09/2018

YB

Final

1	Pratham Sharma	05	DELHI	57.27	SFIMAXDEL15069
2	Bikram Changmai	04	ASSAM	56.83	SFIMAASSA19252
3	Mihir Ambre	00	MAHA	55.88	SFIMAXMAH16466
4	Sajan Prakash	93	POLICE	54.43	SFIMAPSPB18155
5	Adhithya D	02	TNSA	55.66	
6	Sanu Debnath	94	RSPB	56.69	SFIMARSPB19046
7	Harsh Saroha	04	HAR	57.26	SFIMAXHAR18539
8	Sambhav R	04	KAR	57.33	SFIMAXKAR13850

Reserves

	Sameer Sejwal	00	DELHI	57.59	SFIMAXDEL15002
	Arjun M	01	S S C B	57.70	SFIMASSCB18847